Reflexive and emphatic pronouns exercise

Tell which pronouns in the following sentences are reflexive and which are emphatic.

1. I myself heard his remarks.
   Reflexive
   Emphatic

2. We often deceive ourselves.
   Reflexive
   Emphatic

3. He himself said so.
   Reflexive
   Emphatic

4. I myself went to the market and bought it.
   Reflexive
   Emphatic

5. He himself painted the walls.
   Reflexive

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Emphatic

6. Raju did it himself.

Reflexive
Emphatic

7. Don’t touch that electric wire. You will hurt yourself.

Reflexive
Emphatic

8. I will give myself five days to finish that job.

Reflexive
Emphatic

9. John himself was not aware of the plan.

Reflexive
Emphatic
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10. The terrorist shot himself.
   Reflexive  
   Emphatic

11. Alice herself told me that she was quitting her job.
   Reflexive  
   Emphatic

12. You must believe me. I myself heard him shout at her.
   Reflexive  
   Emphatic

Answers

1. Emphatic (Here the pronoun myself merely adds emphasis to the pronoun subject I.)

2. Reflexive. (Here the pronoun ourselves acts as the object of the verb deceive.)

3. Emphatic (The pronoun himself puts an emphasis on the pronoun subject he.)

4. Emphatic
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5. Emphatic

6. Emphatic

7. Reflexive (Here the pronoun yourself acts as the object of the verb hurt.)

8. Reflexive

9. Emphatic

10. Reflexive

11. Emphatic

12. Emphatic

Notes

If you have trouble finding out whether a pronoun is emphatic or reflexive try this simple trick. Just remove the pronoun from the sentence. If it still makes sense, the pronoun was emphatic. If it doesn’t, it was reflexive.

Study the following examples.

He killed himself.

Remove the pronoun himself and you will get ‘He killed’. Does it make complete sense? No, it doesn’t. So, the pronoun was reflexive. A reflexive pronoun acts as the object of a transitive verb. If you remove it, some meaning will be lost.

Now consider another example.
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Sophie herself told me that she was going abroad.

Remove the pronoun herself from the sentence. Does the sentence still make sense? Yes, it does.

An emphatic pronoun merely puts an emphasis on a noun or pronoun. It can be removed without causing any ungrammaticality.